

Committee News

Christmas Lunch Subsidy! - Honicombe Manor - Monday 8th December. The committee have decided that our current sound financial position will allow us to subsidise our Christmas lunch this year by £5 a head! There will be a sign-up sheet at the meeting on Monday and at the November meeting. The cost will be £20.00 for 2 courses. The venue doesn't require a deposit, so full payment at time of booking would be appreciated. Please note that, due to the bank now charging us to pay in cheques, we are accepting cash or bank transfer only.

A special thank you: The Committee would like to thank Gayle and Caro for their sterling work in providing our refreshments at every monthly meeting. What would we do without them?

The updated website: The new website can be viewed on callington.u3asite.uk . Group leaders, if you have any specific issues making edits to your areas, please email Neil at CallAdmin@lankidden.com

Book Sales: Many thanks to all who have donated. We have a very good selection at present but if you have a recent book which you think people would like to read, we are always grateful for donations.

Raffle: Donations towards our monthly raffle are always very welcome, thank you. And many thanks to those who have already donated items. For your information, we take around £30 each month.

Phones: Please could we ask that phones are turned off at the Monday meetings, thank you.

Suggestion Box: The Committee is happy to receive any suggestions on ways to improve our u3a, subjects for new groups, or anything else you may wish to contribute. A box is available for your offerings.

Groups' News

New Group - Backgammon: The new Backgammon group started on Monday 29th Sept at the Town Hall. 4 players covered 2 boards, and remembering how to play had us all on our toes for a while until it came flooding back. The group meetings are going to move so more people can come as it clashes with other meetings. The next one is due on Wed 29th Oct due to holidays and then settles into its usual new slot of every 3rd Wednesday of the month. So, November's is on the 19th. If you are interested, please contact Ann Moore on 01822 648281 or email aemoore4521@gmail.com



Art: The Art Group meets twice monthly, apart from December, on Thursday afternoons at Stoke Climsland Old School, from 1pm to 4pm. Instead of our December session, we enjoy one of the Old School's delicious Christmas lunches! We are a small, friendly group, self-help, and we welcome new members. For more information, if you're interested in joining us, please contact Ann - annatpillaton@yahoo.co.uk - or Alison - alison.downing@gmail.com

Chairbix: Following the Council Chamber renovations, Chairbix was back on 10th & 17th September. Numbers have fallen off since our beginning and does not cover the cost of room hire plus the Town Hall's internet & screen rental. I will have to decide whether we continue, move to a different venue or close down the group. If you haven't been for a while, or would like to try a session, please contact Sue McMunn on 01579 532777 or just turn up, no need to book. The next session is Weds 8th October, 10.30 to 11.30.

Crime Fiction: Another lively meeting was held at Lucy's house in Aug. Many books were brought in by members to swop and discuss. Two complete sets of books were also discussed and swapped that were written by well-known authors - S.J.Parris and Mark Sennen. The next meeting will be Thursday 23rd Oct at 2 pm until 4 pm. Tea and cake included! We meet at Lucy's house on the 4th Thursday afternoon of each month. Contact Lucy Thomas if you would like further details- tel. 001579 388799 or email lucythomas22@gmail.com

Cribbage and Cards: We were back to normal in the Committee Room on the 4th Sept and 2nd October where we attempted to beat the new high score of 22. Pop along and join in the fun. We meet on the first Thursday, 10 - 12. Costs £1.50 to cover room rental and refreshments. For more information call Carl on 01822 648281.

Game on: We had fewer members attending the two meetings in August due to holidays and illness. However, this enabled all the members attending to play a game of Mexican Dominoes together at the same table with much hilarity. Both meetings finished with cakes to celebrate birthdays and more cakes and a whopping fruit crumble, all supplied kindly by members. Contact Lucy Thomas if you would like further details on: - 01579 388799 or email lucythomas22@gmail.com We meet every other Sunday from 2pm to 5pm at Lucy's house.

Jazz Appreciation: Our monthly theme continued with 'September' tunes including a selection of early Autumn pieces and other favourites. An appropriate start could only be, 'September in the Rain'. We heard two versions of this, by the Dorsey brothers, Jimmy and Tommy and later on by the brilliant pianist, Dorothy Donegan. Dorothy is perhaps not very well known. She had had a classical training, like Andre Previn, and recorded and gave concerts of both jazz and classical music. 'September Song' proved to be a very popular choice and we had versions from The Dave Brubeck Quartet, Sammy Davis Jnr., June Christie with The Four Freshmen, backed by Stan Kenton and his orchestra and the extraordinary piano of Erroll Garner. We did indeed hear the same tune four times but each one was so different from the others and the comparisons were very interesting. Autumn reminders continued with 'Stealin' Apples' by Benny Goodman, a couple of Glenn Miller favourites, 'Don't sit under the Apple Tree' and 'Falling Leaves'. Then came a couple of 'Early Autumn's, by Anita O'Day and The Don Lusher band. Don Lusher was a fabulous exponent and teacher of the trombone who took over the Ted Heath Band, after Ted sadly died. Mixed in with these we heard Nina

Simone's 'I want a little sugar in my bowl', 'Daybreak Serenade' from Jess Stacey and Frank Sinatra with the Count Basie orchestra, singing 'Don't worry 'bout me'.

A couple of items from the earlier days of Jazz were Scott Joplin's 'The Chrysanthemum' (which after all, is an Autumn flower) and the immortal Bix Beiderbecke's 'At the Jazz Band Ball'. Perry Como gave us his 'Till the end of Time' and we also heard Duke Ellington's 'Sophisticated Lady' and Dave Brubeck's beautiful 'Laura'.

All in all, a session of 19 wonderful tunes, mixed in with tea, bickies and chat, giving us another very enjoyable afternoon of Jazz. What a great way to spend a couple of hours!

We meet on the second Wednesday of the month. Please contact Roy; email burriderroy@gmail.com

Nostalgia: There were only eleven of us this month to talk about 'Toys and Games'. Some of us had brought along our childhood toys. (The photo shows 'Rosebud', Jo's doll and 'Hans', the teddy she bought in Tivoli Gardens, Copenhagen in 1966). Susan brought two large teddies; one had been her mother's. We brought up memories of playing hopscotch and skipping games, as well as hours spent bouncing a ball against a wall. Ray talked about Meccano and Mamod steam engines. Everyone seemed to enjoy themselves. On October 20th we will be remembering kids' TV. We meet in the Council Chamber, 2 - 4pm. Contact Jo - greenjo1951@gmail.com



Philosophy: If you want to join us, come along to Callington Town Hall on the last Thursday of the month at 10am in the Committee Room or contact Gillian Brown, email gillian.brown@gmail.com

Pub Lunch: Ten of us enjoyed our meal at the Weary Friar on 1st Sept. Our next outing is to the Swingletree on October 6th, and November will be the Ploughboy in Saltash. There will not be a pub lunch in December due to our Christmas meal being the following week. Contact Jo - greenjo1951@gmail.com

Quiz Group: If you would like to join the quiz group, please let me know. We meet on the first Wednesday in the month at 2pm and finish around 4pm. Cost is £1 which includes tea/coffee and biscuits. We will be back in the Council Chambers in September. Mel. melkenhammond@outlook.com

Rummikub: We will be resuming eyes down and play on Friday 3rd October at 10.30am in the Council Chamber. All old and new players are very welcome.

Contact Sue McMunn: 01579 532777, email siouxmack@hotmail.co.uk .

Science of Astronomy: This month Mel gave a talk on Valentina Tereshkova , who was the first and only woman to fly a solo mission in space. In June 1963 she spent three days in space, orbiting the Earth 48 times. She was twenty-six at the time and remains the youngest woman to fly in space and in Earth orbit. Thanks, Mel for a very interesting talk, and reminding us that women have played a significant role in exploration of space.

We meet at Ray's house on the fourth Monday of each month, 2-4pm. If you are interested, please contact Ray Lawrence, rayg8awb@gmail.com or 07566781800.

Scrabble and Word Games: Thanks to the diligent eagle eyes of Sue who spotted another u3a Scrabble Board hidden in a cupboard in the Town Hall, we now have another top-quality Scrabble Board. This means we now have three boards which will cater for up to twelve members. In the light of this, Lucy will be delighted to welcome two more members to the group. The next meeting will be Thursday 9th Oct

in the Basement of Lucy's House. Contact Lucy Thomas if you would like further details on 01579 388799 or email lucydtthomas22@gmail.com

Scribblers: Contact Penny Beech: pennybeech@googlemail.com

Strollers: Anyone interested in joining this group please contact Anne Ellard on 01579 383864 or mobile: 07443 473799 or email: ellardanne@gmail.com

Walkers 2: We had a lovely walk around Siblyback on Sept 30th. Anyone interested in joining this group please contact Helen Redden on 01579 382612 or mobile: 07770 402242 or email: ladywholunches3@gmail.com

Walkers 1: On Friday 26th September a large group from Walkers 1 went on a lovely walk from Cotehele. From the carpark we walked down to the weir where we had coffee. It was a gorgeous tranquil spot to sit for a while with the sound of the water beside us! We walked up through Comfort Wood, through the cherry orchard and as we crossed another field we could see Prospect Tower to our right. We followed the path back down through the woodland and joined the path to return to Cotehele. We enjoyed sitting in the sunshine on the picnic benches for lunch. Thank you, Judy, for a super walk. If you'd like to join us for an autumn walk, please contact Richard Ketley or Gina Davies on richard.ketley@icloud.com or ginadavies8@hotmail.co.uk.



Group Christmas Celebrations: Lucy has decided to amalgamate her three groups for their Christmas celebrations, and has earmarked Sunday, 14th December. The groups are Game On, Scrabble and Crime Fiction. Please bring a plate of food and tell Lucy what you're bringing so we don't all end up bringing sausages on sticks! Many thanks, Lucy lucydtthomas22@gmail.com

A Grand Day Out: We recently went to the **Newton Abbot Race Day** on Tuesday 9th Sept that Dee McVee of Okehampton u3a sent an invitation to Callington u3a. Carl and I had jumped at the chance to enjoy a race day, with tickets at £10 with group discount. Dee had organised a great time with first name and branch badges that we collected from a u3a gazebo set up by the entrance where volunteer members gave advice and directions on the day. We had an area cordoned off for the day where we gathered and had a talk from Jimmy Frost a Trainer based at Buckfastleigh, who was a former Grand National winning jockey. Also, another speaker came who was the Head Ground Steward who talked about his career and race life at the course and an overview of his role. He answered questions after but no tips on a winner! We were surprised that there were 80 members from the region and the badges really helped to make conversation. Ivybridge, Okehampton, Torbay groups with branch names too long to remember. Everyone was friendly and we all enjoyed a good afternoon. The first race was 12.58 and the weather was kind until about 3.45 when heavy showers drove us all indoors. Sadly, we had the knack

of backing nearly every horse that came last, but it's the taking part that counts as I kept reminding Carl. You can't expect to win every time, but once would have been nice! All in all, a lovely day out and it was good to meet other u3a people. - Ann Moore.



A Special Warning: A couple of our members have been scammed recently, fortunately the banks have refunded the lost money. Please be vigilant and don't click on any links in emails and do not ever give your bank details to anyone over the phone unless you are 100% certain they are legitimate. Be safe.

Dates for the diary:

Oct 6th - "Life and Times" with Anne Widdecombe

Nov 3rd - "Ten amazing days" about Napoleon, his capture, etc. With Clive Charlton.

Dec 1st - Performance by PRIM-RAF

Jan 12th - "Age UK" - how they help, with Chantelle Kennings

Feb 2nd - "Christmas Island H-bomb"

Mar 2nd - "Conchies" with Simon Dell

April 13th - AGM, no speaker

May 11th - "Alternative Medicine. Fact or Bull*****" with Mike Moore

June 1st - "Bible or Bullets" with Rev Tim Wilkinson

Our Committee:

Chair - Phil Clift 07900 956980

Vice Chair - Neil Carter 07896002932

Treasurer - Jae Damarell 07756 411253

Secretary - Marcella Payne 07727255782

Membership Secretary - Phil Clift 07900 956980

Speaker Organiser - Edna Southey 07889 239454

Website - Neil Carter 07896002932

Groups Co-ordinator - Gina Davies 07738 014845

Hospitality - Maureen Watson 01579 384047

Newsletter & Publicity - Richard Ketley 07792 766738

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Minutes Secretary - Jo Earl (non committee) 07742 362993

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