

## Committee News

Council Room Hire etc. fee increase : We have been advised that the Town Council has approved an additional 50p per hour increase to all room hire fees, which, combined with the previously agreed 50p rise by the former Council in March 2025, means the total increase for all rooms for new bookings made on or after 1st January 2026 will be £1 per hour.

We will, however, no longer be charged for using the projector/screen and Smart TV which is good news.

Christmas Lunch - Honicombe Manor (photo right) - Monday 8th December.

**There are still a few places left (7 on 27th Oct)** so if you would like to go, please add your name to the sign-up sheet at the meeting on Monday together with your payment in full to secure your place.

The committee are subsidising the lunch by £5 a head so the cost will be £20.00 for 2 courses.

Please note that, due to the bank now charging us to pay in cheques, we are accepting cash or bank transfer only.

The updated website: The new website can be viewed on [callington.u3asite.uk](http://callington.u3asite.uk). Group leaders, if you have any specific issues making edits to your areas, please email Neil at [CallAdmin@lankidden.com](mailto:CallAdmin@lankidden.com)



Books: Always welcome. Cost 50p each or 3 for £1.00. Helen Redden.

Raffle: Donations towards our monthly raffle are always very welcome, thank you. And many thanks to those who have already donated items. For your information, we raise around £30 each month.

Phones: Please could we ask that phones are turned off at the Monday meetings, thank you.

Suggestion Box: The Committee is happy to receive any suggestions on ways to improve our u3a, subjects for new groups, or anything else you may wish to contribute. A box is available for your offerings.

## Groups' News

Art: The Art group continues to meet in Stoke Climsland Old School on Thursday afternoons from 1-4pm. The sessions are once a fortnight. We would love to see a few more folk join us. Please contact Ann Henderson, email [annatpillaton@yahoo.co.uk](mailto:annatpillaton@yahoo.co.uk), for a chat if you are interested.

Backgammon: The new Backgammon group started last month and following feedback has now moved the day it is running to accommodate more members. October's meeting will be on Wednesday 29th at 2 till 4pm. From then on the group will run on the 3rd Wednesday in the afternoon 2 till 4 in the Council Chambers. This is to accommodate a free time slot from other groups running.

Please come along and join in, the game is easy to play and pick up as you go along. The subs will have to be £2 to £2.50 per session depending on attendance to cover the 2nd rise in council charges for rooms this year. Please contact Ann Moore on 01822 648281 or [aemoore4521@gmail.com](mailto:aemoore4521@gmail.com) or just pop along on the day to join in. Thank you

**Chairobics:** Numbers in CHAIROBIX have drastically dropped off in the last couple of weeks. I expect the reason is that you are all too fit!!! Well if that's the case just come for the crack! We have had a huge drop in the price of hiring the chambers now they no longer charge for the screen equipment. We meet in the council chambers at 10 30 twice a month for a laugh and good easy movement taught by professionals. Where else can you get all that for £1/£1 50 ? Interested? Get in touch with Sue McMunn or Jo Earl. Come on people let's kick a wicked hoof together !

**Crime Fiction:** A well attended friendly group came to the October meeting in Lucy's dining room bringing some books by familiar authors, that were well liked, for swopping. Everyone had plenty to say when discussing the books making it another lively meeting.

The next meetings will be Nov. 27th followed by the Xmas Bash on Dec 14th at Lucy's house. The December meeting would normally be Dec 25th so for obvious reasons Lucy has invited the group to join her other groups on Dec 14th for a Xmas Bash.

Further details from Lucy on 01579 388799 or email [lucydthomas22@gmail.com](mailto:lucydthomas22@gmail.com)

**Cribbage and Cards:** We were back to normal in the Committee Room on the 4th Sept and 2nd October where we attempted to beat the new high score of 22. Pop along and join in the fun.

We meet on the first Thursday, 10 - 12. Costs £1.50 to cover room rental and refreshments. For more information call Carl on 01822 648281.

**Game on:** October meetings were back to normal attendance after the extended summer holidays with games played at all the tables in various rooms. Dates for the next meetings are Nov 9th and 23rd, Dates for diaries for Dec are 7th, 14th Xmas Bash, 21st to be decided. The first meeting in the New Year will be Jan 11th. Further details from Lucy on 01579 388799 or email [lucydthomas22@gmail.com](mailto:lucydthomas22@gmail.com)

**Jazz Appreciation:** Our October Jazz in the Afternoon meeting was held on a typical Autumn day and many of our musical selections reflected the weather outside.

We started with Billie Holiday's, 'Keeps on a Rainin' followed by Charlie Christian's 'Gone with What Wind'. Charlie sadly died when only 25 but is regarded as one of the most influential pioneers of jazz guitar and was a key figure in the development of Bebop and Cool Jazz.

Louis Armstrong gave us 'Blueberry Hill' and then we had Andre Previn (Do you remember Andrew Preview in the Morecombe & Wise Show?), with 'September in the Rain'. He'd recorded this tune at the age of only 17.

'Misty', recorded by many but this time from Duke Ellington, 'River Stay away from my Door' sung by Jimmy Rushing backed by the Dave Brubeck quartet, 'Flood Warning' came from John Dankworth, and Ted Heath's 'Ill Wind', all reminded us of Autumn.

We then heard 'Orange Coloured Sky' by Natalie Cole, 'Lily was Here' from Candy Dulfer and Joe Williams singing the upbeat 'Everyday' backed by Count Basie's Orchestra.

Our session ended with a cross Atlantic link, the Modern Jazz Quartet's 'Autumn in New York' and 'Autumn in Rome' from Peggy Lee. Another afternoon of great music."

We meet on the second Wednesday of the month. Please contact Roy; email [burriderroy@gmail.com](mailto:burriderroy@gmail.com)

**Nostalgia:** Eleven of us talked about 'children's TV' at our last meeting. Programmes we remembered included Muffin the Mule, The Clangers, Noggin the Nog, Watch with Mother, Dr Who, Blue Peter, Champion the Wonder Horse, The Lone Ranger, etc, etc. Helen particularly remembered Topo Gigio, and Jo had brought along her toy Topo.

On the 17th November we will be remembering our pets and for our December meeting we will be talking about Christmas. Contact Jo - [greenjo1951@gmail.com](mailto:greenjo1951@gmail.com)

**Philosophy:** If you want to join us, come along to Callington Town Hall on the last Thursday of the month at 10am in the Committee Room or contact Gillian Brown, email [gillian.brown@gmail.com](mailto:gillian.brown@gmail.com)

**Pub Lunch:** Thirteen of us enjoyed lunch at the Swingletree on 6th October. This was a good number, but we have exceeded that with fourteen booked for our next outing, to the Ploughboy in Saltash on November 3rd. There won't be a lunch in December due to all the Christmas meals we will be enjoying! Thank you to everyone who supports this group. Contact Jo - [greenjo1951@gmail.com](mailto:greenjo1951@gmail.com)

**Quiz Group:** If you would like to join the quiz group, please let me know. We meet on the first Wednesday in the month at 2pm in the Council Chambers and finish around 4pm. Cost is £1 which includes tea/coffee and biscuits. Mel. [melkenhammond@outlook.com](mailto:melkenhammond@outlook.com)

**Rummikub:** Rummikub runs on the 1st and 3rd Fridays in the council chambers of the town hall. We have a nucleus of 9 stalwart players who attend every session and others who dip in and out as the fancy takes them.

Amongst those we have 2 (I call my "professionals") who have the patience of saints to teach, cajole and praise any newbies who would like to give the tiles a go.

We will be having our annual Xmas lunch on Friday 5th dec ( we all need extra Xmas lunches) so if you think you might want to give us a try give me a ring ,text or email Sue McMunn.

01579 532777 or 07980049562 or [siouxmack@hotmail.co.uk](mailto:siouxmack@hotmail.co.uk)

**Science of Astronomy:** The Science of Astronomy Group meet at Ray's house on the fourth Monday of each month, 2-4pm. If you are interested, please contact Ray Lawrence, [rayg8awb@gmail.com](mailto:rayg8awb@gmail.com) or 07566781800.

**Scrabble and Word Games:** Lucy apologises there will be no Scrabble group meeting in November because she will be having a holiday. (much needed).

Scrabble boards borrowed for that month must be returned by 11th Dec. in time for the next meeting at Lucy's house. The next meeting on the 11th Dec. will be at the normal time of 10 am until 12 noon.

Lucy also invites the group to join in the Xmas festivities on the 14th Dec with Game On Group and Crime Reading Group and hopes you will all come. Details from Lucy on Tel 01579 388799 or email [lucydthomas22@gmail.com](mailto:lucydthomas22@gmail.com)

**Scribblers:** meet on the 3rd Thursday of the month from 2 to 4pm. Gillian Brown has taken over as group leader from Penny. Contact Gillian Brown: [gillian.brown@gmail.com](mailto:gillian.brown@gmail.com)

**Strollers:** No this is not me the morning after the night before, but it is one of 9 Scarecrows that the



Strollers saw at Cotehele on Monday 27th October. Yes I know it is half term and this was put on for the kids, but being big kids at heart we all thoroughly enjoyed our walk around Cotehele and had to find the anagram as each scarecrow had a letter. Of course when we worked it out it was: HALLOWEEN. (Helen)

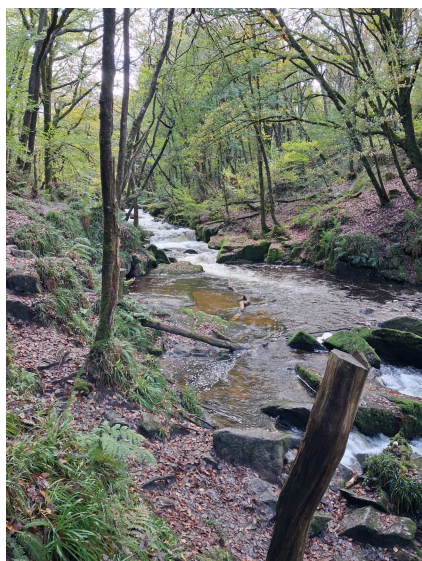
We have also strolled at Calstock and had to cancel a stroll due to the weather.

Anybody interested in joining this group please contact Anne Ellard on 01579 383864 or mobile; 07443 473799 or email: [ellardanne@gmail.com](mailto:ellardanne@gmail.com)

**Walking 1:** The weather has been a little variable this month with our first walk unfortunately being rained off. Next up was a pleasant country walk from Lockett village through the lovely countryside around Stoke Climsland encountering some friendly (thankfully!) Highland Cattle.

On the third Friday, despite a little drizzle we enjoyed some interesting variations of scenery with coffee in the Mary Tavy church porch and a further friendly encounter with long horned Highland Cattle (there's a lot of them around!) being herded along our path and into a field by the local farmer, his wife, their baby and two dogs!

Our third walk of the month was on a day of sunshine, wind and intermittent showers walking around Siblyback Lake and then down to Golitha Falls for lunch.



However, our luck held and after a 'passing shower' we found shelter from the main shower of the day at the welcoming Olive and Co. Cafe on the lakeside path and were treated to some wonderful autumnal views and several rainbows around the lake.

We are looking forward to another autumn walk by the river at Car Green on Friday. Many thanks to Marcella, Margaret, Marian, Gina, Richard, Annie and Jill for arranging and leading this month's walks.

If you'd like to join us on a walk to keep the blood circulating as the weather gets colder, please contact Richard Ketley or Gina Davies on [richard.ketley@icloud.com](mailto:richard.ketley@icloud.com) or [ginadavies8@hotmail.co.uk](mailto:ginadavies8@hotmail.co.uk).

**Walking 2:** Our walks have taken us to Minions, Pensilva and Saltram. One walk was cancelled due to bad weather. Anyone interested in joining this group, please contact Helen Redden on 01579 382612 or mobile: 07770 402242 or email: [ladywholunches3@gmail.com](mailto:ladywholunches3@gmail.com)

## Dates for the diary:

Nov 3<sup>rd</sup> - "Ten amazing days" about Napoleon, his capture, and incarceration in Plymouth Sound. With Clive Charlton.

Dec 1<sup>st</sup> - Performance by PRIM-RAF

Jan 12<sup>th</sup> - "Age Concern Cornwall" How they can help with Kelvin Yates

Feb 2<sup>nd</sup> - "Christmas Island H-bomb" with Gavin Wilson

Mar 2<sup>nd</sup> - "Conchies" A history of conscientious objectors with Simon Dell

April 13<sup>th</sup> - AGM, no speaker

May 11<sup>th</sup> - "Alternative Medicine. Fact or Bull\*\*\*\*" with Mike Moore

June 1<sup>st</sup> - "Bible or Bullets" with Rev Tim Wilkinson

July 6<sup>th</sup> - "Tax, Care and The New Guy" With Poppy Jones

Aug 3<sup>rd</sup> - "Hedgehog Rescue" with Chris and Dee

## Our Committee:

**Chair** - Phil Clift 07900 956980

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**Treasurer** - Jae Damarell 07756 411253

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**Secretary** - Marcella Payne 07727255782

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